



Big Brothers Big Sisters



Match Achievement Plan – “MAP”

Little’s Name: _____ Big’s Name: _____ Date: _____

An important part of your match relationship is to grow and learn together in order to build a strong relationship within your Match. *This is the first goal for your Match.* While you spend time together and build your friendship, Big Brothers Big Sisters Independence Region wants you to think of 3 other Match Goals to work towards together. There’s no finish line! – Your Match Goals can be accomplished within the first few activities or be an ongoing learning experience. This “MAP” (Match Achievement Plan) can help guide you as you and your Little set goals and build action steps for achieving your goals together as a Match.

SECTION 1: Parent/Guardian Recommendations (Optional)

Your Little’s Parent/Guardian may have suggestions of areas they would like to see their child grow and develop. Consider taking a moment to ask your Little’s Parent/Guardian if they have any feedback to share and use this information to inform the goals you and your Little set together. It can often be helpful to Parents/Guardians to consider the goal categories below, *Personal Growth, Learning, and Good Citizenship*, as they think of their suggestions.

Personal Growth

- Improving self-confidence
- Ability to express feelings
- Making decisions
- Relationship with family
- Relationships with peers
- Relationship with other adults
- Other: _____

Learning

- Using community resources
- Using school resources
- Academic performance
- Attitude toward school
- School attendance
- Other: _____

Good Citizenship

- Having Interests and hobbies
- Respecting other cultures
- Ability to avoid delinquency
- Ability to avoid early parenting
- Ability to avoid substance abuse
- Sense of the future
- Other: _____

SECTION 2: Match Goals (set by the Big & Little together)

Use our suggestions below to get started or think of your own Match Goals. The only requirement is that you select a Match Goal from each category. Please consider your Little’s Parent/Guardian suggestions and use that information to inform which goals you select.

Once you inform your Match Support Specialist of your goals, he/she will be asking you about how your Match Goals are going throughout the year, so be sure to pick things that you want to get better at and things that you will enjoy!

Personal Growth

- Teach my Big how to do something new
- Learn to respectfully show appreciation
- Build confidence in social situation
- Ask my Big to help me solve a problem
- Help my Big solve a problem
- Find out something my Big likes
- Share goals
- Share facts about a family member
- Other: _____

Learning

- Research a high school or college
- Learn about NJ/Pennsylvania history
- Increase visits to the library
- Complete 2 volunteer projects
- Learn about different cultures
- Sign up for an activity at school
- Other: _____

Good Citizenship

- Read a book with my Big
- Try a new food with my big
- Start a long term project with my big
- Find one outdoor activity to do each month
- Cook a meal together
- Volunteer time
- Practice a sport with my big
- Other: _____



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SECTION 3: ACTION STEPS FOR GOALS (set by the Big & Little together)

When setting goals, it's important to make a plan for *how* you will work to accomplish them. Write the goals you've selected together as a Match below, and then outline THREE action steps for each goal.

GOAL 1 (Personal Growth): _____

STEP 1- _____

STEP 2- _____

STEP 3- _____

GOAL 2 (Learning): _____

STEP 1- _____

STEP 2- _____

STEP 3- _____

GOAL 3 (Good Citizenship): _____

STEP 1- _____

STEP 2- _____

STEP 3- _____

Examples:

Goal 1 (Personal Growth): *Build Confidence*

Step 1 – *Express self more*

Step 2 – *Write down feelings in journal*

Step 3 – *Interact with peers more*

Goal 2 (Learning): *Learn about New Jersey/Pennsylvania*

Step 1 – *Research History in library*

Step 2 – *Go to the NJ Museum*

Step 3 – *Watch a documentary/movie*

Goal 3 (Good Citizenship): *Volunteer Our Time*

Step 1 – *Research different volunteering opportunities*

Step 2 – *Help at a local organization*

Step 3 – *Do something nice for someone else*

